

Arkansas Gastroenterology, P.A.
3401 Springhill Drive, Suite 400
North Little Rock, AR 72117
(501) 945-3343 Phone (501) 945-2697 Fax

ROUTINE EGD PREP

If you are taking a **prescription blood thinner**, please call the prescribing physician to make sure you can stop these medications safely. You may continue to take one Aspirin per day. If you are unable to stop these medications, please call our office. Our guidelines are as follows:

- Please stop the following medications **5 days** prior to procedure: Plavix (Clopidogrel), Effient (Prasugrel), Brilinta (Ticagrelor), Pradaxa (Dabigatran etexilate), Aggrenox (Aspirin and dipyridamole), and Trentol (Pentoxifylline).
- Please stop the following medications **4 days** prior to procedure: Coumadin or Jantoven (Warfarin)
- Please stop the following medications **2 days** prior to procedure: Eliquis (Apixaban) and Xarelto (Rivaroxaban)

If you are a **diabetic**, please contact your doctor that follows your blood sugar for instructions. If you take **blood pressure, heart, or seizure medications**, take them as early as possible on the morning of your procedure. Take with a small sip of water. If you routinely take **narcotic pain medications**, please contact our office.

1. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.**
2. **SOMEONE MUST ACCOMPANY YOU TO DRIVE YOU HOME.**

Please contact our office at least the day before your procedure to confirm your appointment. (501)945-3343.

Your doctor:

Clift Fernandez Murphy Barton Knapple Wofford Goodwin

Date: _____ Arrival time: _____

Location: _____ Springhill Surgery Center 501-945-5800
3401 Springhill Dr. Ste 155 NLR, AR 72117

_____ North River Surgery Center 501-834-5777
2209 Wildwood Ave Sherwood, AR 72120

If for any reason you cannot keep this appointment, please call our office, at least 24 hours in advance to reschedule.

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